



News

COMMUNITY GARDENERS OF MANITOWISH WATERS

October, 2019 Vol. 12

PLOT CLEAN-UP WEEKEND **October 12-13**

This is the final weekend we will have a clean-up dumpster available for you to dispose of any organic matter in and around your garden bed that you do not want to mulch into the soil this Fall (i.e. weeds, diseased plants, etc.).

Some of you have cool-weather crops that may remain in your garden until the first frost. The garden will be open until November 23rd, after which date the gates will be locked for the season. Please make sure you cleanup your bed for the Fall and pack out all remaining trash.

ARE YOU MISSING A TOOL?

A while ago, Gayle Strand discovered a garden tool between her rows of beans that does not belong to her. She has repeatedly placed it near the entrance gate, but “good Samaritan’s” thinking it is hers, keep putting it back in her garden! It bears the name “Old Gardener” on the wooden handle. If you have been missing a tool like this, please give Gayle a call at: 715-922-0608.

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Photo taken September 17, 2019

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A non-profit, 501(c)3 organization.

In Case You Missed It!

Cheryl Pytlarz's presentation on . . .

SOIL – Your Garden's Best Friend

How to amend now for next season



WHY IS IT IMPORTANT TO AMEND YOUR SOIL IN THE FALL?

Most nutrients needed by plants are delivered in the soil water as dissolved salts and minerals. By amending your soil in the fall, this gives the soil bugs time to eat, digest and excrete your amendments as those vital salts and minerals dissolved in the soil water.

The Critical Nutrients

To help ensure healthy, vibrant and productive plants, your soil must contain nitrogen (N), phosphorus (P), potassium (K), calcium (Ca), a pH range of 6-8, organic matter and water.

NITROGEN (N)

ANIMAL MANURE - Provides immediate nitrogen (N) to the plant. "Hot" (fresh) manure *only* should be spread *in the fall*. Else, use aged manure only in the spring. *Spread to a depth of ½ inch on top the soil.*

Healthy Grow HGR 243 CP25 Coop
Poop Lawn and Garden Food, 25-Pound

★★★★☆ ~ 15

*Comes in
smaller bags!*

\$28⁸⁰

✓prime FREE Delivery Wed, Oct 2

Only 1 left in stock - order soon.

More Buying Choices

\$11.25 (17 new offers)



AVAILABLE FROM AMAZON PRIME

Voluntary Purchasing Group Fertilome
32144 Blood Meal, 12-0-0, 2.75-Pound

★★★★☆ ~ 4

\$14³⁷

✓prime FREE Delivery Tue, Oct 1

Only 10 left in stock - order soon.

More Buying Choices

\$10.17 (18 new offers)

BLOOD MEAL - Provides slow releasing nitrogen (N) throughout the growing season to make proteins in the plant and to produce chlorophyll (where photosynthesis occurs). Leaves yellow when nitrogen is deficient: i.e. when the chlorophyll is stressed.

Sprinkle lightly and evenly over the entire garden.

Cheryl's presentation continued...

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PHOSPHOROUS (P)

COMPOST - Provides phosphorus, which is also involved in photosynthesis that provides energy and food to the plant. Phosphorous allows for rapid plant growth. Compost is also a great source of organic matter that helps keep the soil crumbly and retain moisture. *Spread to a depth of 1-2 inches on the garden.*

POTASSIUM (K)

ASHES – Provide potassium (vitamin K) from burned tree debris. Potassium helps plants metabolize their food to get energy, and controls water and the chemicals inside plants that help them function well. *Sprinkle evenly and heavily over the garden.*

The Other Important Nutrients

WORM CASTINGS – An excellent source of micronutrients for proper plant growth, worm castings are the excrement of worms. The end product is “super humus”, an extremely fertile organic fertilizer properly conditioned for best root growth. Organic and odorless, these nutrients are perfectly balanced for immediate and long term absorption. *Sprinkle lightly and evenly over the garden.*



Wiggle Worm WWSB30LB Unco Industries Builder Worm Castings, 30 lb Compost, Soil, 30-Pound

★★★★☆ ~ 418

\$18⁷⁷ \$26.79

Save more with Subscribe & Save

prime FREE Delivery Wed, Oct 2



Voluntary Purchasing Group
Fertilome 32124 Bone Meal, 0-10-0, 4-Pound

★★★★☆ ~ 4

\$13¹⁰

Save more with Subscribe & Save

prime FREE Delivery Wed, Oct 2

More Buying Choices

\$8.91 (18 new offers)

AVAILABLE FROM AMAZON PRIME

BONE MEAL - Excellent combination of natural Nitrogen and Phosphate. Provides a slow release form of natural phosphorus to help plant produce sturdy root systems, hastens maturity and stimulates plant growth. *Apply in the hole, 1/2 to 2 teaspoons per plant depending on size, placed 2 inches below root base.*

Cheryl's presentation continued...

SOIL – Your Garden's Best Friend

How to amend now for next season

DIATOMACEOUS EARTH - The product is made of the naturally occurring, fossilized remains of diatoms, a type of algae that forms in freshwater. Diatomaceous earth is a non-toxic way to control pests in the garden. It is effective against all insect pests that crawl on plants because contact with the powder is extremely dehydrating. *After watering the plants, dust them with an applicator. This will help the powder stick to plant surfaces.*



AVAILABLE FROM AMAZON PRIME

DiatomaceousEarth Food Grade DE 2 lb- Includes Free Scoop

★★★★☆ ~ 650

Comes in smaller bags!

\$12⁹⁹

✓prime FREE Delivery Wed, Oct 2



Jonathan Green 11347 Mag-I-Cal Calcium Fertilizer

★★★★☆ ~ 54

\$7⁴⁵

\$6.82 shipping

Usually ships within 6 to 10 days.

CALCIUM - Mag-I-Cal is a soluble form of calcium, readily available for plant uptake or pH adjustment. It can be used throughout the garden; boosts plant's color, reduces stress, and improves soil texture. Can be used children and pets play.

Apply in the hole, 1/2 to 2 teaspoons per plant depending on size, placed 2 inches below root base.

HOME-MADE COMPOST – (Do not use any form of mushroom compost). Coffee grounds, egg shells, leaves and other dried plant material (no grass clippings), fruit and vegetable scraps, finely chopped bark chips, shredded newspaper, and sawdust from untreated wood.

“The best thing is that you can’t add too many of these amendments. Nature will take care of the situation if you add more than the plants need.”

Cheryl's presentation continued...

Planting in the Spring

"In the hole" soil amendments

The following should be added to the hole **BEFORE** placing your seed or young plant. *Add approximately 2T (tablespoons) of each item listed.*



"If it's not listed below – it needs nothing 'in the hole'."

Artichoke, Beets, Spinach: Add lime or other pH adjuster.

Broccoli, Cabbage, Artichoke: Add diatomaceous earth, worm casting, blood meal, compost, and then mulch with compost.

Cantaloupe, Cucumber, Winter Squash: Add worm casting and blood meal.

Pepper, Tomatoes: Add bone meal, chicken poop, and worm casting.

Celery: Add Chicken poop, worm castings, and compost mulch.

Eggplant: Add worm casting, bone meal, and then mulch with compost. NO nitrogen.

Broccoli, Cabbage, Kohlrabi: Protect from cabbage worm using diatomaceous earth on soil around stem and cover after transplanting until mid-June.

Radishes, Turnips: Protect from larva with row cover until first harvest.



My mistake!

In the September newsletter we were treated to Mykos' recipe for his "21 Carat" carrot cake. Unfortunately, I didn't include the frosting recipe. So, here it is . . .

"21 CARAT" CAKE CREAM CHEESE FROSTING

- 1 cup butter – room temperature
- 16 oz. cream cheese – room temperature
- 1 tsp vanilla
- 2 tsp Grand Marnier
- 1-2 lbs. sifted, powdered sugar (depending on how sweet you want your frosting)
- Cream (if frosting is too thick)



1. Cream together butter and cream cheese
2. Add vanilla and Grand Marnier and mix together well, scraping down the sides of bowl to make sure all ingredients are incorporated
3. In an electric mixer at slow speed, slowly add the powdered sugar, scraping down the sides of bowl to make sure all ingredients are incorporated
4. If too thick, add cream as needed

Janet Hawkinson's "Awesome Spicy Shrimp"



- 1 lb. cooked, peeled shrimp
- 1 jar chili sauce
- ½ cup diced, fresh jalapeno peppers
- ¼ cup chopped red onion
- ½ tsp. fresh parsley, chopped
- 1 tsp. horseradish
- 3-4 dashes of Tabasco sauce
- Juice of ½ lemon

Mix all together and let set for 30 minutes before serving.
Adjust amount of ingredients to taste.



You can FIND us at



And please INVITE your fellow gardeners and friends!!!

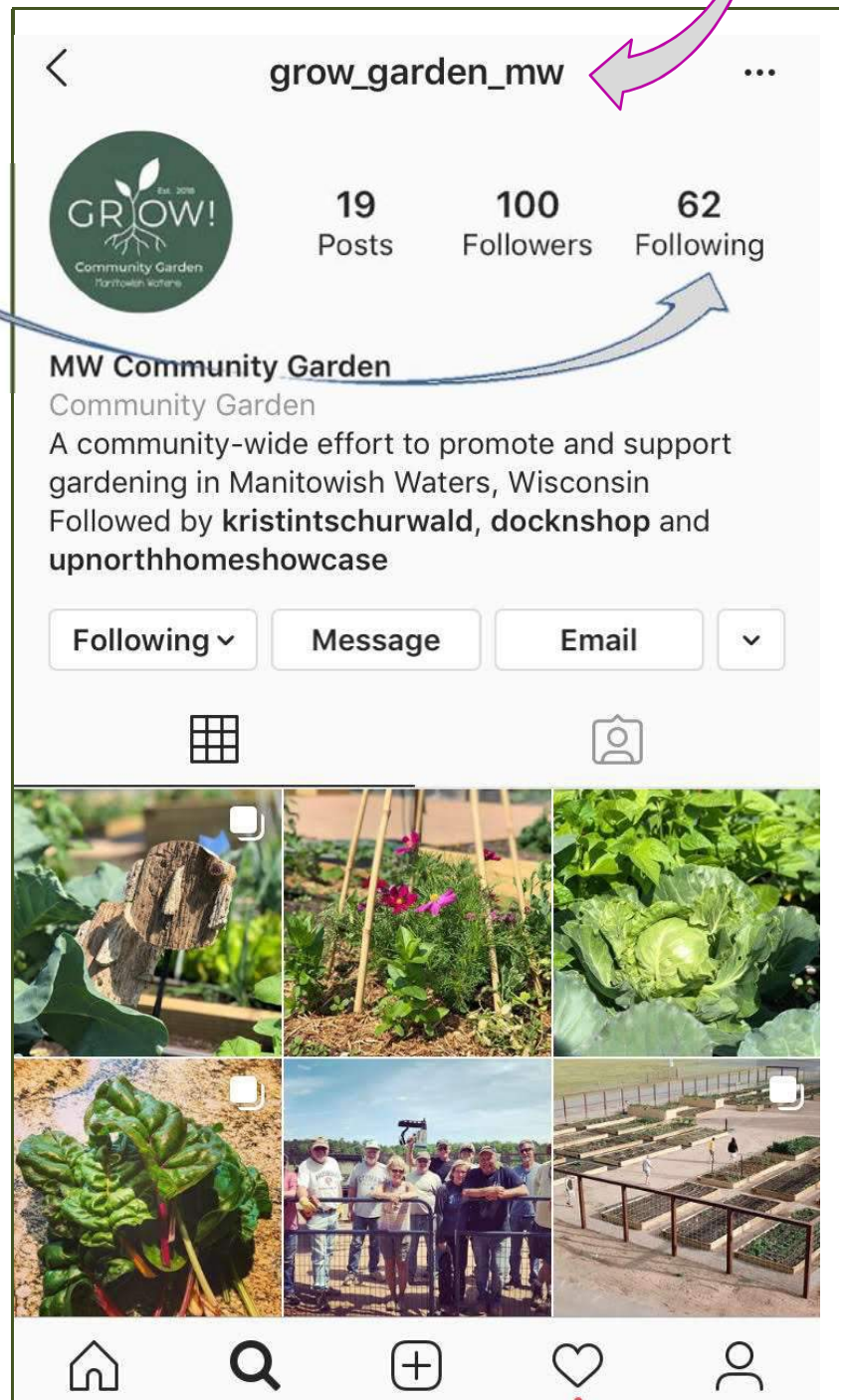


This is a great way for all of us to share garden ideas and stories, recipes, and knowledge.



You can FIND us at

And please FOLLOW us to stay in touch with current activities!



This is a great way for all of us to share quick...

pictures, messages, and emails.